Find Your Perfect Fit: Athleta Size Chart Guide

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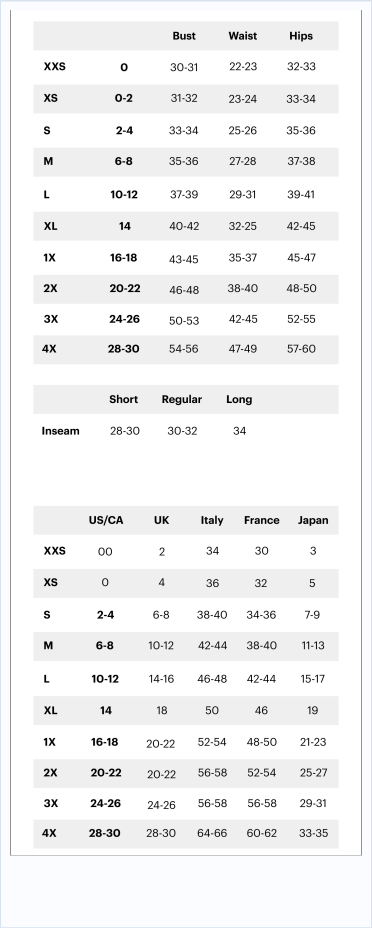

		Bust	Waist	Hips
XXS	0	30-31	22-23	32-33
XS	0-2	31-32	23-24	33-34
S	2-4	33-34	25-26	35-36
M	6-8	35-36	27-28	37-38
L	10-12	37-39	29-31	39-41
XL	14	40-42	32-25	42-45
1X	16-18	43-45	35-37	45-47
2X	20-22	46-48	38-40	48-50
3X	24-26	50-53	42-45	52-55
4X	28-30	54-56	47-49	57-60

	Short	Regular	Long
Inseam	28-30	30-32	34

	US/CA	UK	Italy	France	Japan
XXS	00	2	34	30	3
XS	0	4	36	32	5
S	2-4	6-8	38-40	34-36	7-9
M	6-8	10-12	42-44	38-40	11-13
L	10-12	14-16	46-48	42-44	15-17
XL	14	18	50	46	19
1X	16-18	20-22	52-54	48-50	21-23
2X	20-22	20-22	56-58	52-54	25-27
3X	24-26	24-26	56-58	56-58	29-31
4X	28-30	28-30	64-66	60-62	33-35

Printing & Usage Overview

Many people assume that the Athleta size chart is a one-size-fits-all guide, but it's actually a flexible tool with some nuances. While it provides a great starting point, understanding your unique body shape and the brand's sizing standards is key. The chart is a fantastic resource, offering a quick and easy reference for finding your perfect fit. However, it's worth noting that sizing can vary, so paying attention to the brand's specific measurements and any additional size guide tips they provide is a great way to ensure a comfortable and confident purchase. Understanding the Athletea Size Chart The athleta size chart is your guide to finding the perfect fit for your body. It's a handy tool that helps you navigate through the world of clothing sizes, ensuring you get the right fit every time. This chart is like a map, showing you the different sizes and measurements to consider when shopping at Athletea. Comparing Size

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https://sandbox.independent.com/athleta-size-chart

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