Find Your Perfect Fit: Bicycle Size Chart

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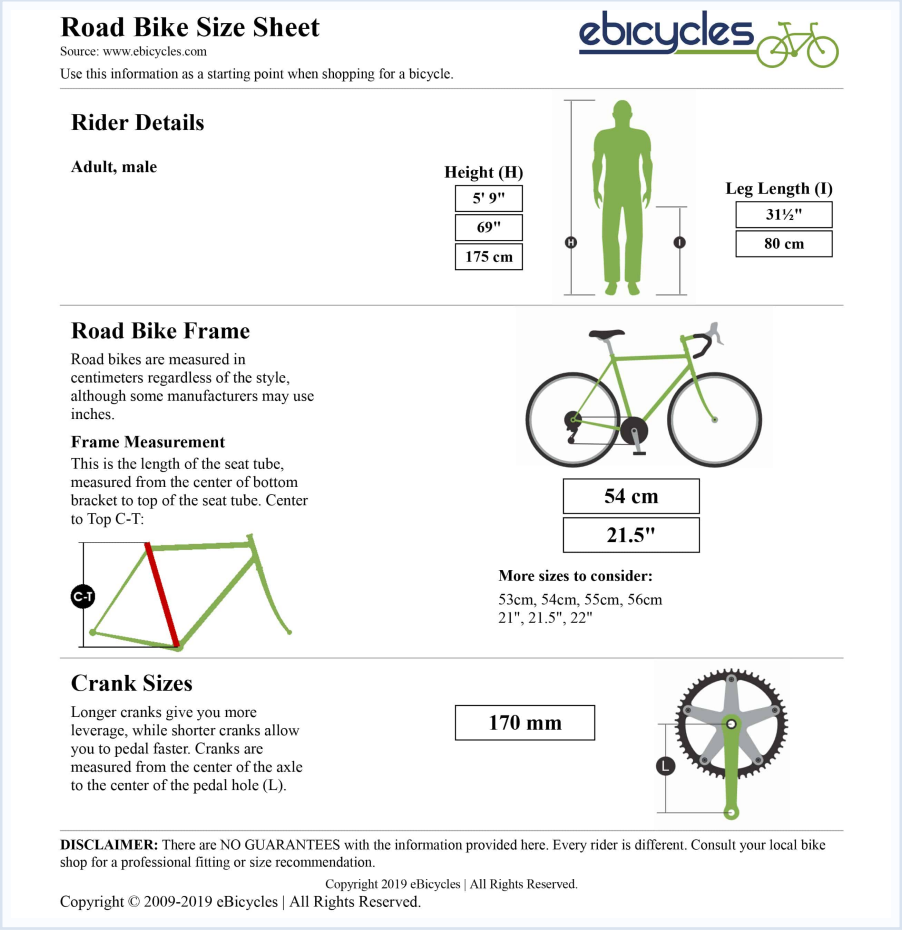

Road Bike Size Sheet

Source: www.ebicycles.com

Use this information as a starting point when shopping for a bicycle.

ebicycles

Rider Details

Adult, male

Height (H)
5' 9"
69"
175 cm

Leg Length (I)
31½"
80 cm

Road Bike Frame

Road bikes are measured in centimeters regardless of the style, although some manufacturers may use inches.

Frame Measurement

This is the length of the seat tube, measured from the center of bottom bracket to top of the seat tube. Center to Top C-T:

54 cm
21.5"

More sizes to consider:

53cm, 54cm, 55cm, 56cm
21", 21.5", 22"

Crank Sizes

Longer cranks give you more leverage, while shorter cranks allow you to pedal faster. Cranks are measured from the center of the axle to the center of the pedal hole (L).

170 mm

DISCLAIMER: There are NO GUARANTEES with the information provided here. Every rider is different. Consult your local bike shop for a professional fitting or size recommendation.

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Printing & Usage Overview

Many people assume that a bicycle size chart is a one-size-fits-all guide, but it's actually a bit more complex than that. While it provides a great starting point, there are various factors to consider when using one. A bicycle size chart is a handy tool, offering a range of measurements and sizes, but it's important to understand that these can vary depending on the type of bike and your personal preferences. Understanding Bicycle Size Charts Bicycle size charts are your practical guide to finding the perfect bike fit. These charts help you determine the right frame size and wheel dimensions for your height and riding style. Key Details and Prerequisites The bicycle frame size chart typically includes two main measurements: frame size and wheel size. Frame size is usually given in inches or centimeters, referring to the length of the seat tube. Wheel size is also measured in inches, indicating the

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