How to Read a Chest Size Chart?

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The how-to for a perfect fit

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STEP 1: BAND SIZE

Wrap a soft tape measure around your rib cage where your bra band typically sits (see image). Make sure the tape is level and not hiking up or falling back. If your under-bust measurement is even, add 2 inches. If odd, add 3 inches.

STEP 2: CUP SIZE

Wrap the tape measure around the fullest part of your bust. Make sure it's level and fits snugly. Subtract your band size from your bust. The difference determines your cup size (0 inches = AA cup, 1in = A cup, 2in = B cup, ect.)



Step 1 - Band Chart

	25-28.5"	28.5-30.5"	30.5-32.5"	32.5-34.5"	34.5-36.5"	36.5-38.5"	38.5-40.5"	40.5-42.5"	42.5-44.5"
Band Size	30	32	34	36	38	40	42	44	46

Step 2 - Cup Chart

Difference	0"	1"	2"	2.5"	3"	3.5"	4"	4.5"	5"	5.5"	6"	7"	8"
Cup Size	AA	A	B	B½	C	C½	D	D½	E	E½	F	G	H

Printing & Usage Overview

You're probably here because you need a quick answer, and who can blame you? A chest size chart is a handy tool, offering a simple visual guide to understanding bra sizes and fit. It's a reference that can save you time and ensure you get the right size, every time. These charts can vary slightly, but they're an essential guide for anyone wanting an accurate bra size and a comfortable fit. Understanding the Chest Size Chart The chest size chart is a handy tool to help you find the right fit for clothing and accessories, especially when shopping online. It provides a reference for measuring and understanding your chest size, ensuring you make informed choices. This chart is particularly useful for women's sizing, including bra size charts , but it can also guide men's clothing choices. Comparing Measurement Standards Measurement standards can vary depending on the region and manufacturer. For example, the US and

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