Decoding the Emotion Code Chart: A Quick Guide

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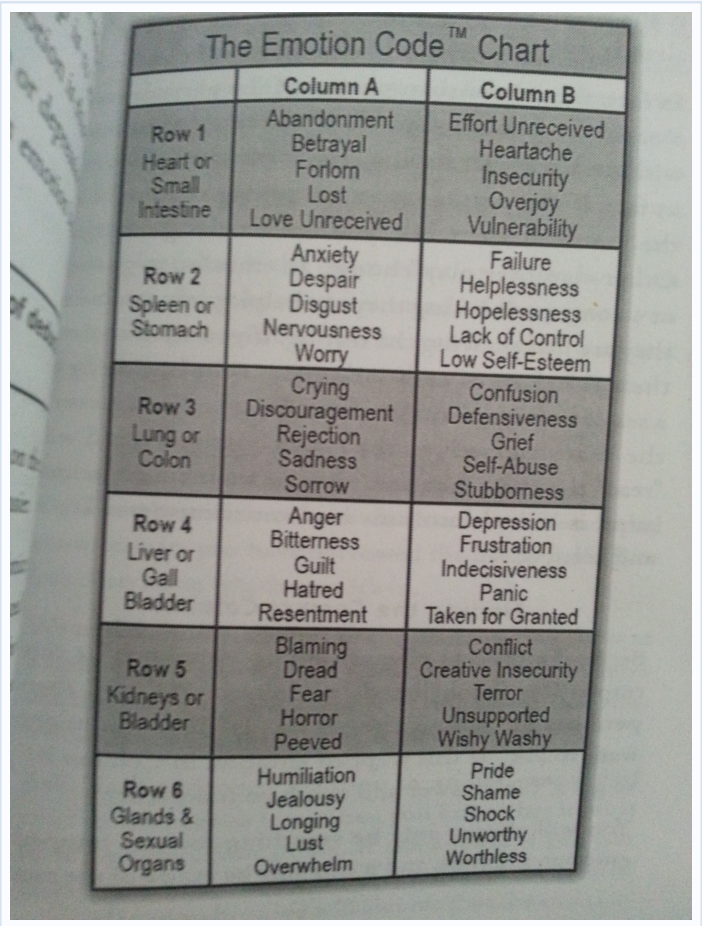

The Emotion Code™ Chart

	Column A	Column B
Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Unreceived	Effort Unreceived Heartache Insecurity Overjoy Vulnerability
Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubborness
Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless

Printing & Usage Overview

A common misconception about the emotion code chart is that it's a complex, intimidating tool, but it's actually a simple and powerful resource when used correctly. This chart, a visual representation of emotions, is an accessible guide that offers a clear and concise way to understand and interpret emotional responses. While there may be variations in the specific values and formats across different systems, the core concept remains the same: an emotion code system provides a structured approach to navigating the spectrum of human feelings. Understanding the Emotion Code Chart: A Quick Overview The emotion code chart is a valuable tool designed to help us interpret and understand human emotions. It provides a visual representation of various emotional states, offering a structured way to analyze and communicate feelings. This chart serves as a reference guide, aiding individuals in

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