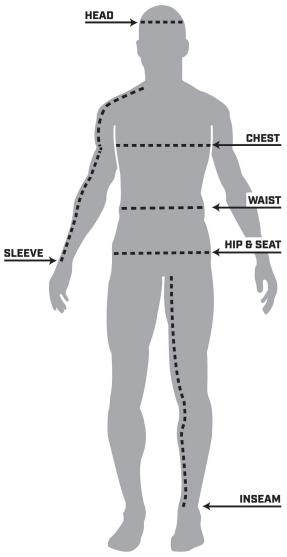
Understanding the Mens Size Chart

Free Printable Preview | 39+ High-Resolution Sheets Available



HEAD | Measure circumference of head just above top of ears, and 1 inch (2.54 cm) above eyebrows.

SLEEVE | With your arm bent at the elbow and hand on your hip measure from the back of the neck to the elbow and finish at the wrist.

CHEST | Measure under arms around the fullest part of the chest. Be sure to keep tape level across back and comfortably loose.

WAIST | Measure around natural waist with a loose tape.

HIP & SEAT | Place the measuring tape around the body at the fullest part of the lower hip, feet together.

INSEAM | Without shoes; measure on inside of leg from groin to the floor.

MEN'S SIZING GUIDE

in inches

MEN'S TOPS

SIZE (U.S.)	SM	MD	LG	XL	2XL	3XL	4XL	5XL
CHEST	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
WAIST	31-33	35-37	39-41	43-45	47-49	51-53	55-57	59-61
HIP	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64
SLEEVE	27-28	29-30	31-32	33-34	35-36	35-36	33-34	33-34
INSEAM (SHORT)	28	29	30	31	31	31	31	31
INSEAM (REGULAR)	30	31	32	33	33	33	33	33
INSEAM (TALL)	33	34	35	36	36	36	36	36

MEN'S BOTTOMS

SIZE (U.S.)	28	30	32	34	36	38	40	42
HIP	36-37	38-39	40-41	42-43	44-45	46-47	48-49	50-51
INSEAM (SHORT)	29	30	30	30	30	30	31	31
INSEAM (REGULAR)	31	31	32	32	32	32	33	33
INSEAM (TALL)	34	34	35	35	35	35	36	36

Printing & Usage Overview

You've found yourself searching for a mens size chart , perhaps for a specific item or to understand the sizing standards better. This chart is a handy tool, offering a quick and visual way to navigate clothing and shoe sizes, especially when you need to get the right fit. It provides a simple reference, often with clear columns and rows, making it easy to find your size and ensure a comfortable, well-fitted garment. While the values and formats may vary, depending on the brand or region, the mens size chart is a reliable starting point for anyone seeking a precise fit. Understanding the Mens Size Chart The mens size chart is a valuable tool for anyone looking to find the perfect fit for their clothing or footwear. It provides a standardized guide to help determine the right size for men's garments, ensuring a comfortable and well-tailored look. This chart simplifies the process of finding your size by offering a clear

Get All 39+ High-Resolution Printable Sheets (Free):

https://sandbox.independent.com/mens-size-chart

Personal & classroom use only. Set printer scale to Actual Size for best clarity.